



Navigating Non-Physical Needs, Trauma, and the Tech Tsunami

Online Course: Feb 12-Mar 17, 2024

Essential Questions

- What are our non-physical needs?
- How can we meet these needs in healthy ways?
- How does trauma get tangled in our non-physical needs?
- How do smart phones, social media, and even video games tap into our non-physical needs?
- How will emerging technologies like AI, AR, and VR likely impact our answers to all of these questions?
- In what ways will these technologies become major peace issues?

Learning Outcomes

- Recognize how our behavior is driven by our non-physical needs.
- Identify healthy and unhealthy ways to meet these needs.
- Understand how social media can be used to manipulate these needs.
- Learn some basics about the tech tsunami of AI, AR, and VR, where it came from, and where it's likely to go.
- Explore the promise and peril of these new technologies in a landscape of unmet needs and trauma.

Registration

- Link [here](#); email joannpdeck@peaceliteracy.org for info about scholarships or how to donate to sponsor a teacher/scholar.
- Complete work at your own pace; 3-4 hrs/week with optional weekly Zoom check-ins scheduled Thursdays at 5PM Pacific.
- Enrollment fee of \$300 includes digital workbook, certificate of completion, and professional development/continuing ed credits.
- See a free preview [here](#).

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