

Navigating **Aggression**

Its Causes, Anatomy, and Alternatives

Online Course July 1 – Aug. 4, 2024

Join teachers & community leaders from across the country who are **Passionate** and committed to the mission of education and lifelong learning.

Feedback from some of the participants earlier this year:

- “Already I am seeing things with a different perspective, especially as I work through my own aggression in my role as a parent and teacher....”
- “The lessons on cultivating calm in self and others felt proactive and practical. They could really save a relationship; a job; a life ...”
- Watch this short [video](#) endorsement from a special ed teacher.

Learning Objectives:

- Identify the 7 Shared Features of Strong Communities
- Build Empathy for Self and Others
- Identify the Fires Beneath Aggression
- Analyze the Anatomy of Aggression
- Cultivate Calm in Yourself and Others During Conflict
- Understand the Difference Between Accountability and Vengeance
- Identify the 3 Elements of Universal Respect
- Understand the Role of Respect in Building Shared Trust

Complete work at your own pace; approx. 3 hrs/week with optional weekly Zoom check-ins scheduled Thursdays at 5PM Pacific.

Enrollment fee of \$300 includes digital workbook, certificate of completion, and professional development/continuing ed credits.

Visit [here](#) for a free preview; and [here](#) to register.

Co-sponsored by the Peace Literacy Institute and the Professional Development for Educators program in the College of Education at Oregon State University, with an instructional team from the School of History, Philosophy, and Religion and the School of Communication at OSU.

Email joannpdeck@peaceliteracy.org for info about scholarships or how to donate to sponsor a teacher/scholar

